

Year 1 Summer Term: Health and Well-being & Living In The Wider World

Week	Theme	Pupils will learn.....
1	Living In The Wider World Media Literacy and Digital Resilience <i>Core Themes:</i> <i>Using the internet and digital devices;</i> <i>communicating online</i>	<ul style="list-style-type: none"> • how and why people use the internet
2		<ul style="list-style-type: none"> • the benefits of using the internet and digital devices
3		<ul style="list-style-type: none"> • how people find things out and communicate safely with others online
4	Living In The Wider World Money and Work <i>Core Themes:</i> <i>Strengths and interests;</i> <i>jobs in the community</i>	<ul style="list-style-type: none"> • that everyone has different strengths, in and out of school
5		<ul style="list-style-type: none"> • about how different strengths and interests are needed to do different jobs
6		<ul style="list-style-type: none"> • about people whose job it is to help us in the community
7		<ul style="list-style-type: none"> • about different jobs and the work people do
8	Health and Well-being Growing and Changing <i>Core Themes:</i> <i>Recognising what makes them unique and special;</i> <i>feelings; managing when things go wrong</i>	<ul style="list-style-type: none"> • to recognise what makes them special and unique including their likes, dislikes and what they are good at
9		<ul style="list-style-type: none"> • how to manage and whom to tell when finding things difficult, or when things go wrong
10		<ul style="list-style-type: none"> • how they are the same and different to others
11		<ul style="list-style-type: none"> • about different kinds of feelings
12		<ul style="list-style-type: none"> • how to recognise feelings in themselves and others • how feelings can affect how people behave

Year 2 Summer Term: Health and Well-being & Living In The Wider World

Week	Theme	Pupils will learn.....
1	Living In The Wider World	<ul style="list-style-type: none"> the ways in which people can access the internet e.g. phones, tablets, computers
2	Media Literacy and Digital Resilience <i>Core Themes:</i> <i>The internet in everyday life; online content and information</i>	<ul style="list-style-type: none"> to recognise the purpose and value of the internet in everyday life
3		<ul style="list-style-type: none"> to recognise that some content on the internet is factual and some is for entertainment e.g. news, games, videos that information online might not always be true
4		Living In The Wider World Money and Work <i>Core Themes:</i> <i>What money is; needs and wants; looking after money</i>
5	<ul style="list-style-type: none"> how money can be kept and looked after 	
6	<ul style="list-style-type: none"> about getting, keeping and spending money that people are paid money for the job they do 	
7	<ul style="list-style-type: none"> how to recognise the difference between needs and wants how people make choices about spending money, including thinking about needs and wants 	
8	Health and Well-being Growing and Changing <i>Core Themes:</i> <i>Growing older; naming body parts; moving class or year</i>	<ul style="list-style-type: none"> about the human life cycle and how people grow from young to old
9		<ul style="list-style-type: none"> how our needs and bodies change as we grow up
10		<ul style="list-style-type: none"> to identify and name the main parts of the body including external genitalia (e.g. vagina, penis, testicles)
11		<ul style="list-style-type: none"> about change as people grow up, including new opportunities and responsibilities
12		<ul style="list-style-type: none"> preparing to move to a new class and setting goals for next year

Year 3 Summer Term: Health and Well-being & Living In The Wider World

Week	Theme	Pupils will learn.....
1	Living In The Wider World	<ul style="list-style-type: none"> • how the internet can be used positively for leisure, for school and for work
2	Media Literacy and Digital Resilience <i>Core Themes:</i> <i>How the internet is used; assessing information online</i>	<ul style="list-style-type: none"> • to recognise that images and information online can be altered or adapted and the reasons for why this happens • strategies to recognise whether something they see online is true or accurate
3		<ul style="list-style-type: none"> • to evaluate whether a game is suitable to play or a website is appropriate for their age-group • to make safe, reliable choices from search results
4		<ul style="list-style-type: none"> • how to report something seen or experienced online that concerns them e.g. images or content that worry them, unkind or inappropriate communication
5		<ul style="list-style-type: none"> • about jobs that people may have from different sectors e.g. teachers, business people, charity work • that people can have more than one job at once or over their lifetime
6	Money and Work <i>Core Themes:</i> <i>Different jobs and skills; job stereotypes; setting personal goals</i>	<ul style="list-style-type: none"> • about common myths and gender stereotypes related to work • to challenge stereotypes through examples of role models in different fields of work e.g. women in STEM
7		<ul style="list-style-type: none"> • about some of the skills needed to do a job, such as teamwork and decision-making
8		<ul style="list-style-type: none"> • to recognise their interests, skills and achievements and how these might link to future jobs
9		<ul style="list-style-type: none"> • how to set goals that they would like to achieve next year eg. Learn a new hobby
10	Health and Well-being Growing and Changing <i>Core Themes:</i> <i>Personal strengths and achievements; managing and reframing setbacks</i>	<ul style="list-style-type: none"> • that everyone is an individual and has unique and valuable contributions to make
11		<ul style="list-style-type: none"> • to recognise how strengths and interests form part of a person's identity • how to identify their own personal strengths and interests and what they're proud of (in school, out of school)
12		<ul style="list-style-type: none"> • to recognise common challenges to self-worth e.g. finding school work difficult, friendship issues • basic strategies to manage and reframe setbacks e.g. asking for help, focusing on what they can learn from a setback, remembering what they are good at, trying again

Year 4 Summer Term: Health and Well-being & Living In The Wider World

Week	Theme	Pupils will learn.....
1	Living In The Wider World	<ul style="list-style-type: none"> • that everything shared online has a digital footprint • that organisations can use personal information to encourage people to buy things
2	Media Literacy and Digital Resilience <i>Core Themes:</i> <i>How data is shared and used</i>	<ul style="list-style-type: none"> • to recognise what online adverts look like • to compare content shared for factual purposes and for advertising • why people might choose to buy or not buy something online e.g. from seeing an advert
3		<ul style="list-style-type: none"> • that search results are ordered based on the popularity of the website and that this can affect what information people access
4		<ul style="list-style-type: none"> • how people make different spending decisions based on their budget, values and needs
5	Money and Work <i>Core Themes:</i> <i>Making decisions about money; using and keeping money safe</i>	<ul style="list-style-type: none"> • how to keep track of money and why it is important to know how much is being spent
6		<ul style="list-style-type: none"> • about different ways to pay for things such as cash, cards, e-payment and the reasons for using them
7		<ul style="list-style-type: none"> • that how people spend money can have positive or negative effects on others e.g. charities, single use plastics
8	Health and Well-being Growing and Changing <i>Core Themes:</i> <i>Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty</i>	<ul style="list-style-type: none"> • about personal identity and what contributes to it, including race, sex, gender, family, faith, culture, hobbies, likes/dislikes
9		<ul style="list-style-type: none"> • that for some people their gender identity does not correspond with their biological sex
10		<ul style="list-style-type: none"> • how to recognise, respect and express their individuality and personal qualities
11		<ul style="list-style-type: none"> • ways to boost their mood and improve emotional wellbeing
12		<ul style="list-style-type: none"> • about the link between participating in interests, hobbies and community groups and mental wellbeing

Year 5 Summer Term: Health and Well-being & Living In The Wider World

Week	Theme	Pupils will learn.....
1	Living In The Wider World	<ul style="list-style-type: none"> to identify different types of media and their different purposes e.g. to entertain, inform, persuade or advertise
2	Media Literacy and Digital Resilience <i>Core Themes:</i> <i>How information online is targeted; different media types, their role and impact</i>	<ul style="list-style-type: none"> basic strategies to assess whether content online (e.g. research, news, reviews, blogs) is based on fact, opinion, or is biased that some media and online content promote stereotypes
3		<ul style="list-style-type: none"> how to assess which search results are more reliable than others to recognise unsafe or suspicious content online
4		<ul style="list-style-type: none"> how devices store and share information
5		<ul style="list-style-type: none"> to identify jobs that they might like to do in the future about the role ambition can play in achieving a future career
6	Money and Work <i>Core Themes:</i> <i>Identifying job interests and aspirations; what influences career choices; workplace stereotypes</i>	<ul style="list-style-type: none"> how or why someone might choose a certain career about what might influence people's decisions about a job or career, including pay, working conditions, personal interests, strengths and qualities, family, values
7		<ul style="list-style-type: none"> the importance of diversity and inclusion to promote people's career opportunities about stereotyping in the workplace, its impact and how to challenge it
8		<ul style="list-style-type: none"> that there is a variety of routes into work e.g. college, apprenticeships, university, training
9		<ul style="list-style-type: none"> how to identify external genitalia and reproductive organs about the physical and emotional changes during puberty
10	Growing and Changing <i>Core Themes:</i> <i>Personal identity; recognising individuality and different qualities; mental wellbeing</i>	<ul style="list-style-type: none"> key facts about the menstrual cycle and menstrual wellbeing
11		<ul style="list-style-type: none"> strategies to manage the changes during puberty including menstruation
12		<ul style="list-style-type: none"> the importance of personal hygiene routines during puberty including washing regularly and using deodorant

Year 6 Summer Term: Health and Well-being & Living In The Wider World

Week	Theme	Pupils will learn.....
1	Living In The Wider World	<ul style="list-style-type: none"> about the benefits of safe internet use e.g. learning, connecting and communicating
2	Media Literacy and Digital Resilience <i>Core Themes:</i> <i>Evaluating media sources; sharing things online</i>	<ul style="list-style-type: none"> how and why images online might be manipulated, altered, or faked how to recognise when images might have been altered
3		<ul style="list-style-type: none"> why people choose to communicate through social media and some of the risks and challenges of doing so that social media sites have age restrictions and regulations for use
4		<ul style="list-style-type: none"> the reasons why some media and online content is not appropriate for children
5		<ul style="list-style-type: none"> how online content can be designed to manipulate people's emotions and encourage them to read or share things
6		<ul style="list-style-type: none"> about sharing things online, including rules and laws relating to this how to recognise what is appropriate to share online how to report inappropriate online content or contact
7	Living In The Wider World	<ul style="list-style-type: none"> about the role that money plays in people's lives, attitudes towards it and what influences decisions about money
8	Money and Work <i>Core Themes:</i> <i>Influences and attitudes to money; money and financial risks</i>	<ul style="list-style-type: none"> about value for money and how to judge if something is value for money how companies encourage customers to buy things and why it is important to be a critical consumer
9		<ul style="list-style-type: none"> how having or not having money can impact on a person's emotions, health and wellbeing
10		<ul style="list-style-type: none"> about common risks associated with money, including debt, fraud and gambling how money can be gained or lost e.g. stolen, through scams or gambling and how these put people at financial risk how to get help if they are concerned about gambling or other financial risks
11		<ul style="list-style-type: none"> to recognise some of the changes as they grow up e.g. increasing independence about what being more independent might be like, including how it may feel
12	Growing and Changing <i>Core Themes</i> <i>Human reproduction and birth; increasing independence; managing transitions</i>	TRANSITION WEEK: <ul style="list-style-type: none"> about the transition to secondary school and how this may affect their feelings about how relationships may change as they grow up or move to secondary school practical strategies that can help to manage times of change and transition e.g. practising the bus route to secondary school

HH Kids: Puberty Sessions covering objectives including: identify the links between love, committed relationships and conception; how pregnancy occurs i.e. when a sperm meets an egg and the fertilised egg settles into the lining of the womb; about the responsibilities of being a parent or carer and how having a baby changes someone's life (optional following parent consultation)

