

Hindsford CE Primary School – PE Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Dinosaurs	Winter & Christmas	Space	Growing	Superheroes	Pirates
	Each of these units consist of a six-week block of lessons follow the structure of: Lessons 1 & 2: Focus on Running, Jumping & Stopping & Finding a Finding a Sensible Space/Moving in Different Ways Lesson 3 & 4: Throwing, Catching & Transporting an Object Lessons 5 & 6: Playing Games					
Year 1	<u>Games</u> Football	Gymnastics	Dance	<u>Outdoor Challenges</u> Orienteering	<u>Games</u> Cricket	Athletics
Year 2	<u>Games</u> Football	Gymnastics	Dance	<u>Outdoor Challenges</u> Orienteering	<u>Games</u> Cricket	Athletics
			Swimming			
Year 3	<u>Games</u> Basketball	Gymnastics	Dance	<u>Games</u> Badminton	<u>Games</u> Rounders	Athletics
Year 4	<u>Games</u> Basketball	Gymnastics	Dance	<u>Games</u> Tennis	<u>Games</u> Rounders	Athletics
Year 5	<u>Games</u> Netball	Gymnastics	Dance	<u>Outdoor Challenges</u> Cross country running	<u>Games</u> Hockey	Athletics
			<u>Outdoor Challenges</u> Canoeing Gill Scrambling High/Low Ropes			
Year 6	<u>Games</u> Netball	Gymnastics	Dance	<u>Outdoor Challenges</u> Cross country running	<u>Games</u> Hockey	Athletics
			Swimming			